



Chronicle

College of Psychologists of British Columbia

NEWS AND INFORMATION FROM THE COLLEGE OF PSYCHOLOGISTS

Spring 2016

Letter from the Chair of the Board

Dear Colleagues,

New Board Appointments - I take this opportunity to extend a warm welcome to our three new Board members, Cathy Costigan, Ph.D., R.Psych. and Charles (Ted) Wormeli, Ed.D. R.Psych., both of whom were elected by acclamation at the end of 2015, and new public member, Ms. Sandy James, whose appointment was made effective January 31, 2016.

All three new Board members have been active participants in College activities and Committees. Dr. Costigan has served for several terms on the Registration Committee, a fitting placement given her position of associate professor and director of clinical training in the Department of Psychology at the University of Victoria. She is currently president-elect of the CCPPP, the Canadian Council of Professional Psychology Programs with her term beginning on June 8. In addition to her board appointment, Dr. Costigan is currently serving on the Quality Assurance Committee. Dr. Wormeli has served on the Registration Committee for several years, and he continues on the Committee as well as taking on the additional responsibilities of being a member of the College Board. He is well known in the psychology community in British Columbia, especially in his area of school psychology and work at POPARD, the Provincial Outreach Program for Autism and Related Disorders. Ms. James is in

her second three year term on the Inquiry Committee. She is now an independent planning consultant, after having had a distinguished career as a city planner with the City of Vancouver. These three individuals now join myself, Ken Cole, Ph.D., R.Psych., Pippa Lewington, Ph.D., R.Psych., Henry Harder, Ed.D., R.Psych. and public members Dean Readman and Lisa Seed. The interest and engagement of this fine group of people is deserving of our ongoing appreciation and recognition. I also take this opportunity to thank fellow registrants Michael Elterman, Ph.D., R.Psych. and Hendre Viljoen, Ph.D., R.Psych. for their six years of service to the College Board, as well as their many other contributions, especially to the Registration and Inquiry Committees, respectively. It is important to acknowledge the fine work and engagement of Ms. Jenelle Hynes who finished her six years on the Board as a public member at the end of January. Jenelle recently accepted a position as Business Development and Customer Service Manager for Pacific Coastal Airlines (Okanagan – Kootenay Region). We wish her all the best in this new position, and thank her for agreeing to serve on the Registration Committee as a public member. Formal recognition of these fine individuals will be made at the upcoming AGM on May 26th, 2016.

In recognizing the importance of the topic of Cultural Competency, the Board has invited Dr. Nadine Caron to provide the Continuing Competency presentation at this year's AGM. Since January 2005, Dr. Caron is a General and Endocrine Surgeon at Prince George Regional Hospital as well as a tenure-track faculty member in UBC's Faculty of Medicine, Department of Surgery and teaching in the Northern Medical Program. She has served on numerous committees including the Ministry of Health - Advisory Committee on Provincial Health Goals, the Native Physicians Association of Canada; and is currently Chair of the BC Medical Association's Committee on Aboriginal Health and is a strong advocate for aboriginal healthcare. See elsewhere in this issue of the Chronicle for the results of the survey conducted during renewal for the numbers of our registrants who completed the Provincial Health Services Authority cultural competency training program. Information about the program can be found at <http://www.culturalcompetency.ca/>. We continue to invite registrants who have completed this training to submit comments through feedback@collegeofpsychologists.bc.ca.

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Cultural Competency and the AGM -

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AGM Announcement

COLLEGE BOARD

- Kenneth Cole, *Ph.D., R.Psych.*
- Catherine Costigan, *Ph.D., R.Psych.*
- Henry Harder, *Ed.D., R.Psych.*
- Sandra James, *Public Member*
- Pippa Lewington, *Ph.D., R.Psych.*
- Marlene Moretti, *Ph.D., R.Psych.*
- J. Dean Readman, *Public Member*
- Lisa Seed, *Public Member*
- Charles T. Wormeli, *Ed.D., R.Psych.*

Letter from the Chair of the Board continued from page 1

Work on the National Standard - Work with the Association of Canadian Regulatory Organizations (ACPRO) continues with regard to the implementation of the National Standard across the country. Nine out of 10 provinces are either at the doctoral level as articulated in the National standard already or have agreed with moving towards its implementation. ACPRO is also working with the Foreign Qualification Recognition (FQR) Working Group at the federal level with respect to the recognition of foreign trained applicants and there is consensus among the majority of Canadian psychology regulators on how to move forward on the work plan established in this regard.

Use of Social Media - I urge registrants to read the draft checklist on social media carefully and to provide the College with any comments or feedback (feedback@collegeofpsychologists.bc.ca). Use of social (and other electronic) media creates new challenges to clinical practice, especially as it relates to confidentiality, boundaries and the (incorrect) assumption that exchanges with clients via text, email or other modalities are somehow separate from the clinical record. Such exchanges are part of the record, and this must be given full attention, given the tendency to respond in a more spontaneous and immediate way to such communications. Examples from our complaint files also confirm that such exchanges increase client expectations about availability and may enter in some unexpected ways into the professional relationship. Feedback and comments are welcome.

New Classes of Registration - Discussions with government continue with regard to the two new proposed classes of registration (Associate Psychologist (School) and Behaviour Analyst). With regard to school psychology practitioners, remaining issues involve working with the Ministry of Education to align Ministry policies with the Code of Conduct. On the Behaviour Analyst front, a number of recent information sessions have been held for potential applicants and things continue to move forward. Next steps for both classes involve obtaining Ministry of Health approval for the posting of proposed bylaws and changes to the *Psychologists Regulation* to accommodate the new classes.

Respectfully,
Marlene Moretti, Ph.D., R.Psych.
Chair, Board of the College of Psychologists

RENEWAL SURVEY: CULTURAL COMPETENCY

At renewal, registrants were asked to indicate whether or not they had completed the Indigenous Cultural Competency (San'yas) training program provided by the Provincial Health Services Authority. Of the registrants who responded, 114 said they had completed the program. This represents, roughly, 10% of registrants in active practice. The College urges registrants to consider whether they are fulfilling their obligations to provide culturally competent services and whether they would benefit from completing this program or other relevant training.

More information about the program can be found at www.culturalcompetency.ca. The College will also be featuring this topic as part of the AGM continuing competency presentation.



MEDICAL ASSISTANCE IN DYING

On February 6, 2015, the Supreme Court of Canada (SCC) in *Carter v. Canada* struck down the provisions in the Criminal Code prohibiting physician-assisted dying (sections 241(b) and section 14). However, the SCC suspended the decision for a period of 12 months. On January 15, 2016 the SCC extended the suspension for an additional four months from February 6, 2016 to June 6, 2016.

On April 14, 2016, the Minister of Justice introduced Bill C-14 which sets out the proposed amendments to the Criminal Code and other Acts with respect to medical assistance in dying (<https://www.documentcloud.org/documents/2803276-C-14-Medical-assistance-in-dying.html>).

The College of Physicians and Surgeons of BC (CPSBC) has published Interim Guidance for physicians with regard to physician assisted dying. Physicians must assess a patient's suitability against certain criteria. It includes assessing a patient's capacity to understand various factors including prognosis, treatment options, the risks and the benefits associated with each option and their ability to communicate a reasoned decision based on that understanding. If a physician is unclear whether these criteria have been met, a psychiatric or a registered psychologist's consult is required to evaluate the patient's decision-making capacity (or limitations) in greater detail.

CPSBC has offered to provide a briefing to registrants who perform decision-making capacity assessments and are interested in learning more about the work psychologists may be asked to undertake as part of the process. Registrants interested in attending a meeting should contact the College by the end of May and may do so by sending an email to feedback@collegeofpsychologists.bc.ca

NEW CLASSES OF REGISTRATION AND REVISIONS TO REGULATION

Stay tuned for posting of
changes to *College Bylaws &
The Psychologists Regulations*

PROFESSIONAL EXECUTORS

The requirement to name a professional executor applies to all registrants who own (i.e. have primary control over) any practice records. Under this requirement, registrants are also obliged to provide contact information enabling access to records created by them but under the control of an institution (e.g., a health authority, a government ministry, a correctional centre, a university, etc.).

At registration renewal, a handful of registrants were caught in a situation where their professional executor resigned from the College at renewal,

apparently without providing notice to them, leaving them without an executor. It is strongly recommended that you confirm your executor's continued willingness to serve at least annually and, ideally, prior to completion of your annual renewal form. If you serve as someone's professional executor and you are intending to resign (or considering resigning) from the College at next renewal, please take the time to inform the registrant who has named you. This will allow for them to identify another registrant well in advance of next year's renewal.

QUALITY ASSURANCE AND CONTINUING COMPETENCY PROGRAM

2015 Audit

The Quality Assurance Committee randomly audited 6% of eligible registrants for the 2015 audit. Of the randomly selected registrants, 30% had completed the 2015 Workshop in which case they were deemed to have met the continuing competency requirements for the year. For the remaining registrants, the Committee has now completed its review of the continuing competency logs. Overall, the Committee noted that the logs were very clear and contained sufficient detail to show that the requirements were met. It is their view that registrants have responded well to the feedback provided in previous years and thank the registrants for their compliance and clear documentation. The Committee encourages all registrants to document their activities as they occur so that a sufficient amount of detail can be provided to the College. If registrants are uncertain whether they are documenting activities adequately, a sample continuing competency log sheet is available on the College website

<http://www.collegeofpsychologists.bc.ca/docs/SampleLogSheet.pdf>

2015 Continuing Competency Workshops

The College offered the 2015 Continuing Competency workshop, "Lessons from the Past and Prepping for the New Reality", four times in 2015 to a total of 284 registrants. This represents approximately 25% of all registrants actively practicing in BC. Almost all of the attendees have taken and passed the post workshop quiz. The quiz remains accessible for those who have yet to pass it. Those who pass the quiz this year, may use the workshop for 2016 continuing competency requirements. Given the positive reception the workshop received, the College continues to work on packaging the workshop for an online delivery format.

Notice Regarding Medical Assistance in Dying

A notice for registrants who perform decision-making capacity assessments.

If you are interested in attending a meeting of fellow registrants on the topic of medical assistance in dying please send the College a notice via

feedback@collegeofpsychologists.bc.ca

Annual General Meeting

Thursday, May 26, 2016

6:00pm - 8:00pm

A light dinner will be available at 5:30pm

Vancouver Location

SFU at Harbour Centre
Segal Conference Rooms 1400 – 1430
515 W. Hastings Street, Vancouver, BC

Victoria Location

Royal Roads University
Learning and Innovation Centre's
'Center for Dialogue'
2005 Sooke Road, Victoria, BC V9B 5Y2

New College Website

The College is currently revising the look and functionality of its website, including information for applicants, layout of directory information and other publically available registration information such as highest degree on which registration is based, conferring institution, date of initial registration, limitations or conditions on practice and public notifications.

We welcome feedback from registrants with regard to changes or additions they'd like the College to consider as we revise the website:

feedback@collegeofpsychologists.bc.ca



PUBLIC NOTIFICATION

NOTICE: December 21, 2015
Consiglio, Nell

The College of Psychologists of British Columbia has received notification that, during October and November of 2015, Ms. Nell Consiglio of West Vancouver, BC, falsely identified herself as a Registered Psychologist in clinical records and other communications in the course of providing services to clients during her employment at the Forensic Psychiatric Hospital in Coquitlam, BC.

To protect the public, the Board of the College of Psychologists of British Columbia has directed the issuance of this notice, to alert the public and potential clients and employers to the fact that Ms. Consiglio is not and has never been registered or entitled to work or practise as a Registered Psychologist in British Columbia.

Ms. Consiglio is not, and has never been, a registrant or otherwise associated with the College of Psychologists of British Columbia, nor has she ever applied to the College for registration.

Practice Support Corner Use of Social Media

The Quality Assurance Committee (QAC) has undertaken a review of existing guidelines and publications pertaining to the use of social media and online networking forums by health professionals. Networking forums include Facebook, Twitter, Tumblr, LinkedIn, YouTube, blog sites, etc. Use of these online forums raises numerous ethical and professional issues including confidentiality, boundaries, personal self-disclosure and others. The QAC has under review a draft checklist (see page 5), intended to support the practice of registrants using these forums professionally and personally.

Registrants can provide feedback using:
feedback@collegeofpsychologists.bc.ca

The following individuals were added to the Register

- | | |
|--|---|
| Dr. Julie Algra, Registered Psychologist | Dr. Michelle Kozey-Hayes, Registered Psychologist |
| Dr. Kallista Bell, Registered Psychologist | Dr. Terri-Lynn MacKay, Registered Psychologist |
| Dr. Margaret Brennan, Registered Psychologist | Dr. Lindsay McBride, Registered Psychologist |
| Dr. Susan Brock, Registered Psychologist | Dr. Amanda McKerracher, Registered Psychologist |
| Dr. Carolyn Burns, Registered Psychologist | Dr. Sarah Mordell, Registered Psychologist |
| Dr. Theodore Burrows, Registered Psychologist | Dr. Rami Nijjar, Registered Psychologist |
| Dr. Megan Caines, Registered Psychologist | Dr. Haley Oliver, Registered Psychologist |
| Dr. Kim Ceurstemont, Registered Psychologist | Ms. Brooke Owen, Registered Psychologist |
| Dr. Alana Cook, Registered Psychologist | Dr. Alisha Patterson, Registered Psychologist |
| Dr. Jessica Driscoll, Registered Psychologist | Ms. Marie Peiffer-Mitchell, Registered Psychologist |
| Dr. Juliana Eca Negreiros, Registered Psychologist | Dr. Adrienne Rombough, Registered Psychologist |
| Dr. Louise Fennell, Registered Psychologist | Mr. Donald Scott, Registered Psychologist |
| Dr. Keri Flesaker, Registered Psychologist | Ms. Annie St.-Hilaire, Registered Psychologist |
| Dr. Randall Gillis, Registered Psychologist | Dr. Noah Susswein, Registered Psychologist |
| Ms. Kathleen Gingras, Registered Psychologist | Ms. Sally Tan, Associate Psychologist (Corrections) |
| Dr. Michael Goldman, Registered Psychologist | Dr. Jennifer Trew, Registered Psychologist |
| Dr. Fjola Helgadottir, Registered Psychologist | Mr. Ivan Trofimoff, Registered Psychologist |
| Dr. James Henry, Registered Psychologist | Dr. Sandra Wiens, Registered Psychologist |
| Dr. Katrina Hodgson, Registered Psychologist | Dr. Jane Woo, Registered Psychologist |
| Dr. Tara Jukes, Registered Psychologist | |

IN MEMORIAM

The College was recently made aware of the deaths of the following registrants:

Dr. Ronald Samuda (#947)
January 22, 2016

Dr. Liesle Young (#1736)
March 12, 2016

Use of Social Media Checklist (DRAFT)

Use of social media for professional activities:

• Advertising

Regardless of the medium on which one posts advertising, including social media, relevant Code provisions apply.

I have ensured that any postings or other activities intended to advertise my services comply with all Code requirements related to advertising, including but not limited to ensuring:

- appropriate identification of myself as a registrant (9.1)
- avoidance of specialty designation (9.3)
- specification of any restrictions, limitations, or conditions on my registration required by the College (9.7)
- any modifiers to my title that have been assigned by the College have been placed adjacent to the title Psychologist and to the designation R. Psych., as appropriate (9.7)
- appropriate presentation of my degree and professional title (9.7)
- no misleading reference to professional affiliations or memberships (9.4, 10.2, 10.16)
- no exaggeration or misrepresentation of my qualifications (9.2, 10.16)
- no exaggeration or misrepresentation of my services (10.1, 10.16, 18.4)
- no use of testimonials from clients or former clients (10.8)

• Professional Services

Any and all professional services, including those provided via social media, must meet Code of Conduct requirements. I have carefully considered differences between disseminating psychology information for public consideration and providing advice or otherwise entering into a professional relationship with a client or clients.

When disseminating psychological information I have:

- ensured that information is accurate and fairly presented (3.13, 10.14, 10.15)
- not plagiarized or otherwise misrepresented my role in authoring the information, in whatever form it is presented (17.1, 17.2, 17.3)
- not presented as original, any data previously published elsewhere (17.7)

When posting something to my professional social media account I have:

- considered its relevance to my professional practice
- considered whether the posting is revealing any personal information about me and whether that personal disclosure has potential to:
 - alter the terms of my existing professional relationship with any client(s) such that a dual role is created (5.10)
 - impact my current clients' welfare (5.1)
 - impact my therapeutic alliance with each of my clients (5.33)

In any instance in which a professional relationship with a client has been created, I have:

- obtained appropriate informed consent from the client (3.30, 4.1, 4.2)
- advised the client regarding my status as a College registrant and of the mandate, function, and location of the College (7.10, 9.1)
- taken steps to ensure that the services I am providing are appropriate to the needs of the client and that I am acting to preserve client welfare (3.23, 5.1, 8.2)
- fulfilled agreements as established with the client (8.3)
- avoided dual role situations (5.1, 5.10, 5.12)
- considered any necessary steps to address jurisdictional issues related to the location of the client (3.30, 3.31)
- ensured my services are consistent with all relevant legal requirements for those services (18.1, 18.2)
- ensured that I have the appropriate education, training, and experience to deliver the service in the modality utilized (3.2, 3.3, 3.5, 3.11, 3.21, 3.24, 3.25, 3.3.30)
- considered client expectations regarding my availability and continuity of care issues (3.30, 4.2, 5.1, 5.17, 8.3)
- ensured that any fees are set and collected consistent with Section 12.0 of the Code
- established appropriate measures for creating and maintaining professional records related to my service (7.19, 13.1, 13.2, 13.3, 13.4, 13.6, 13.7, Section 14.0)
- remembered to include copies of all communication with clients, including through social media, as part of my clinical record (13.8)

• Communication with colleagues

- I am being appropriately cautious in communicating with professional colleagues about clients to ensure that client confidentiality is protected (6.2, 6.15, 6.17)
- I am maintaining a high level of professionalism in all postings and communications (7.8, 7.9)

• Client rights to privacy

- I respect my clients' privacy by not viewing their websites or online profiles without first seeking their consent to access those sites (4.1, 4.2)
- I do not include information obtained from collateral sources such as online sites in clients' records without their knowledge (4.1, 4.2)

Use of social media for personal purposes

- I have appropriately taken into account the fact that everyone with access to the Internet potentially has access to information I am posting, including current and potential future clients, and that even with strict privacy settings in place privacy breaches on social media sites are possible. I have asked myself, "If I wouldn't share the information (including my private opinions, beliefs, interests, and activities), video, or image with clients during a professional encounter, should it be available to them online?" (5.1, 7.8)
- I have established appropriately strict privacy settings on all of my social media sites to ensure that my personal information is protected to the extent possible, and I monitor and review my settings on a regular basis to ensure my privacy is maintained. (5.1, 7.8)
- I have established appropriate measures to ensure that my links to any personal relationships are not publicly accessible.
- I accept connections with clients or potential clients, or those close to them, for professional purposes only, and do not accept or seek out personal connections with such individuals. (5.1, 5.10, 5.12, 8.1)
- I carefully consider all of my publicly available personal postings to ensure they will not bring the profession of psychology into disrepute, including by ensuring that I am not:
 - providing any information about or commenting on clients or potential clients, or on my work with these individuals (6.2, 7.8)
 - providing any information about or commenting on colleagues, coworkers, supervisees, subordinates, or any other persons with whom I work (7.4, 7.8)
 - providing any information about or commenting on my employer or work setting (7.8)
 - posting disparaging, discriminatory, harassing, disrespectful, or otherwise unprofessional comments of any kind (5.14, 7.8)
 - proactively removing any postings that could be considered unprofessional (7.8)

COLLEGE OF PSYCHOLOGISTS OF BRITISH COLUMBIA ANNUAL GENERAL MEETING

May 26, 2016
6:00pm – 8:00pm

A light dinner will be available at 5:30pm.

Annual General Meeting and Continuing Competency Presentation

The College is pleased to announce that Dr. Nadine Caron, will be presenting on the topic of cultural competency in professional practice.

Topic: Cultural Competency In Professional Practice

Vancouver Location:

Simon Fraser University at Harbour Centre
Segal Conference Rooms 1400 – 1430
515 W. Hastings Street, Vancouver, BC

Victoria Location:

Royal Roads University
Learning and Innovation Centre's 'Center for Dialogue'
2005 Sooke Road, Victoria, BC V9B 5Y2

Further details will be provided to registrants prior to the meeting and will also be available on the College's website. The presentation to accompany the AGM will be eligible for Continuing Competency credits. Registrants in other areas will be able to view the AGM via webcast and submit questions via email. Board and Committee reports will be presented, as per the Bylaws.

- RSVP -

*Please RSVP your attendance, food allergies and location by **May 19, 2016**:
Phone (604) 736-6164 or (800) 665-0979 (push 307 as soon as the auto-attendant picks up);
fax (604) 736-6133; or email agmrsvp@collegeofpsychologists.bc.ca.
Please also contact the office if you are interested in participating via webcast*



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